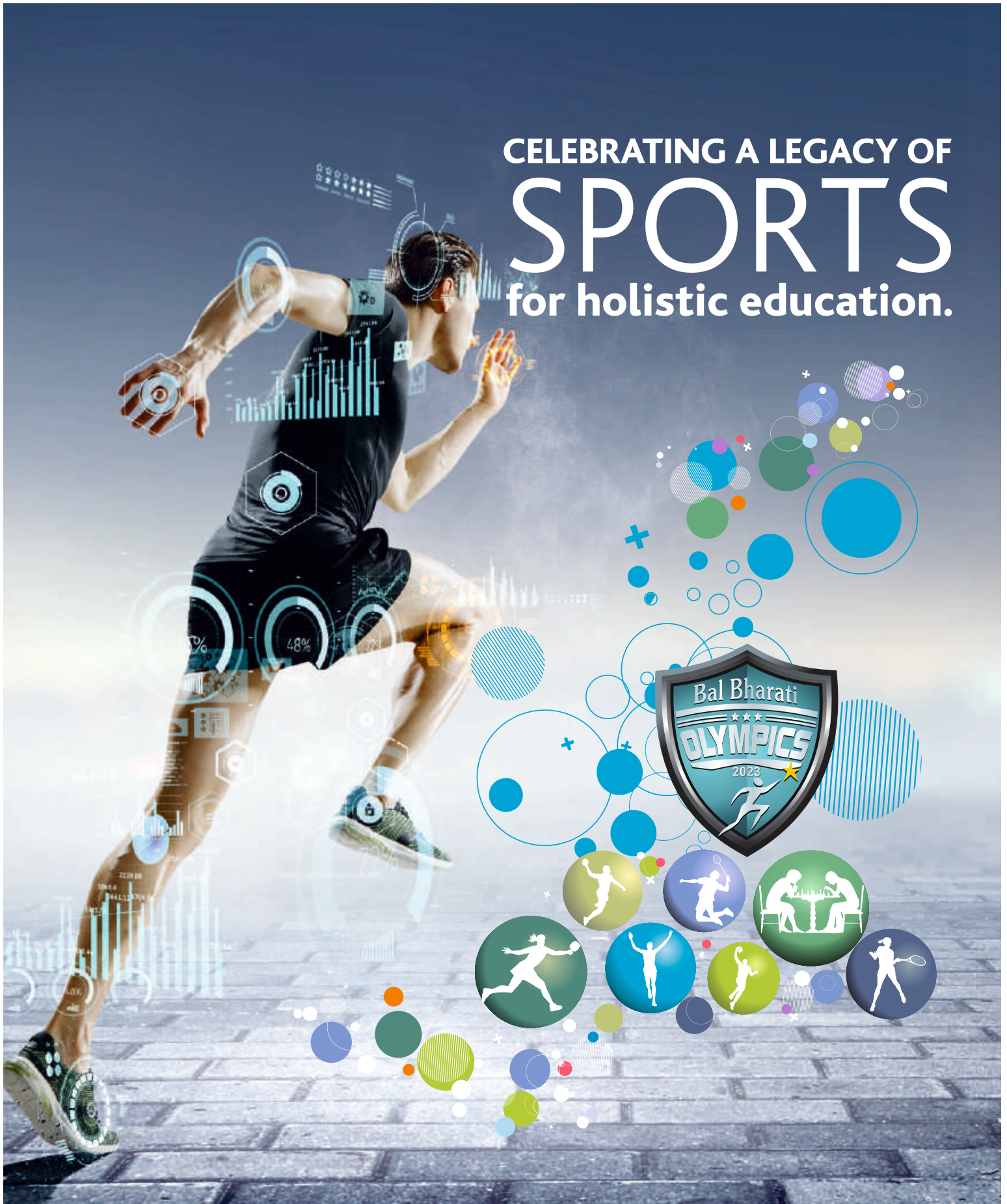


Hansdhwani

THE OFFICIAL NEWSLETTER OF BAL BHARATI PUBLIC SCHOOLS



CELEBRATING A LEGACY OF
SPORTS
for holistic education.





OUR MASCOT **GARUD**

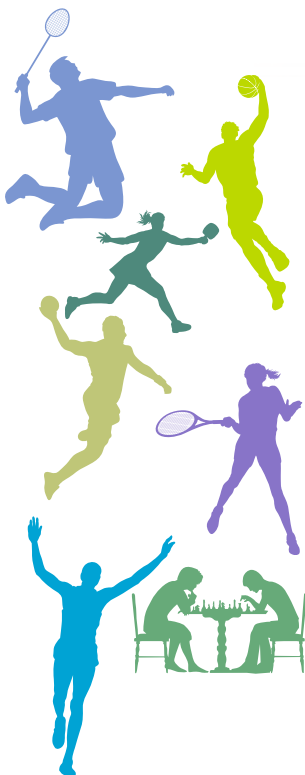
GARUD, the mighty eagle, represents vision and focus, vitality and stamina, fearlessness and resilience - all hallmarks of true champions. These virtues make it an apt mascot for Bal Bharati Olympics.

GARUD resonates with the essence of sportsmanship, inspires participants to believe in their abilities, and empowers them to spread their wings and soar to new heights.

Its soaring flight also symbolises our aspiration to provide a suitable launch pad to our students to explore their full potential.

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From the President's Desk

Saluting sports and sportsmanship

We dedicate this edition of 'Hansdhvani' to the unique sports culture we have assiduously built in Bal Bharati Public Schools, where we celebrate the sweat and determination of our athletes, the coaches who inspire them, and the supporters who stand by them through thick and thin. From thrilling victories to lessons learned in defeat, each experience shapes our athletes into becoming not just better players but also better individuals. As we continue to embrace the spirit of sports, let us remember that it is not just about winning medals and trophies, but the friendships that are formed, the memories that are made, and the invaluable life skills the players acquire. It is these lessons we must apply to our own lives, in navigating the opportunities and challenges we come across.



Our visionary founders and leaders ensured that sports was an integral part of our 360° approach towards providing holistic education to our students. Today, we continue on that journey, nurturing talent from across the country, and creating world class sporting infrastructure.

We have just held Bal Bharati Olympics, the 14th All-India Inter-Unit Sports Meet, a true celebration of sportsmanship and camaraderie, and I am thrilled to share in this edition, the collective energy and passion that defines our sporting community spread across 27 schools pan-India.

Over the years, our talented sportspersons have made the entire country proud with their performances in various sports on different platforms. The talent and performance of all our players is a reflection of the ever-increasing potential of 21st century India on the world stage.

Today, modern technology is proving to be a game-changer in the world of sports. Whether it is selection or training of talent, technology in sports has been rapidly evolving, enhancing performance, safety, entertainment value, and the overall experience for athletes and fans alike. Innovative technologies such as VR and AR allow athletes to simulate game scenarios, analyse playing techniques, and enhance their skills in a controlled environment. Advanced data analytics has revolutionised sports strategy and decision making. At the Child Education Society®, we keep a keen eye on these developments and the promise they hold for our sportspersons.



Our journey has been a spectrum of marvellous success stories scripted by our stakeholders, demonstrating how Bal Bharati Public Schools are the leaders in the sphere of curricular as well as co-curricular education. As we pursue our vision of holistic education with even greater zeal, let us aim high and dream big. It is our firm belief in 'Arise, awake and stop not till the goal is reached' that constantly propels us to strive for the best, and the laudable achievements of our schools bear testimony to the same.

- NIKHIL CHANNA
President
Child Education Society®

Bal Bharati Olympics 2023

Setting new standards of participation and excellence



Opening Ceremony - 13 October 2023
BBPS PITAMPURA



Closing Ceremony - 15 October 2023
BBPS ROHINI

The 14th All-India Inter-Unit Sports Meet, a vibrant and exhilarating celebration of sportsmanship and camaraderie, took place from 13-15 October 2023, jointly hosted by Bal Bharati Public School, Pitampura and Bal Bharati Public School, Rohini.

The much-awaited sports fest commenced on 13 October, with a grand opening ceremony at Bal Bharati Public School, Pitampura, featuring a captivating cultural extravaganza that set the stage for an unforgettable three-day sporting spectacle. It witnessed participation from over 1,300 sports enthusiasts from 24 Bal Bharati Public Schools across the nation. The occasion was graced by the Chief Guest, Mr PC Maurya, Commissioner of Income Tax and Additional Secretary, Govt of India, the Guest of Honour, Mr Yogesh Pal Singh, Deputy Director of Education (Sports), Govt of NCT of Delhi, and our special guests from the UP Yoddhas team of Pro Kabaddi League, Coach Upendra Malik and Captain Pardeep Narwal.

The opening ceremony witnessed the unveiling of the mascot, GARUD, the mighty eagle, that represents vision and vitality, and inspires participants to spread their wings and soar to new heights. Over 3,000 students came together to put up scintillating performances by school bands and dance troupes, colourful drills, sports displays, march past by all the participating schools, and more. A sports exhibition was organised at the venue, showcasing the exemplary achievements of Bal Bharatians at the international, national, and state levels.





The closing ceremony was held at BBPS Rohini on 15 October, with the Chief Guest Mr Himanshu Gupta, Director of Education, Govt of NCT of Delhi, and the Guest of Honour Mr Mukesh Kalia, President, Delhi Basketball Association & Vice President, Delhi Olympic Association being accorded a guard of honour and a warm welcome from the troupe of Scouts & Guides. All present were greeted by Ms Meenu Goswami, Principal, BBPS Pitampura and Ms Geeta Gangwani, Principal, BBPS Rohini.

This was followed by a spectacular cultural programme presented by the students of BBPS Rohini. The highlight of the evening was the prize distribution ceremony, where the outstanding achievements in all the games were awarded. The trophy for overall Winner of the Championship was won by Bal Bharati Public School, Pitampura. The atmosphere was electric as cheers resounded for the winning teams.

This year's edition also welcomed new entrants to the prestigious event - Bal Bharati Public School, Solan (Himachal Pradesh); Bal Bharati Public School, Khandwa (Madhya Pradesh); Bal Bharati Public School, Nabinagar (Bihar); and Bal Bharati Public School, Darlipali (Odisha). Their participation highlights the growing popularity of the event, as it attracts schools from every corner of the country. More than 750 students from BBPS units beyond Delhi-NCR were hosted by Bal Bharati Public School, Pitampura, during the event.

Spread over three days, the Sports Meet featured seven exciting sports events designed to challenge and showcase the talents of the participating students. These included Badminton, Volleyball, Tennis, Table Tennis, Basketball, Chess, and Athletics. Each school team was allocated a distinctive colour, adding a vibrant visual dimension to the sporting contests and fostering a sense of identity.

Bal Bharati Olympics 2023 will be remembered not only for the fierce competition, but also for the spirit of unity and sportsmanship that prevailed throughout the event. This annual event indeed serves as a testament to the dedication of the Child Education Society® towards nurturing young minds through sports, imparting values, and cultivating a lifelong enthusiasm for an active lifestyle and healthy competition.

(With inputs from BBPS Pitampura and BBPS Rohini, hosts of Bal Bharati Olympics 2023)



The Olympics experience

Every aspect of the opening ceremony was a class apart. The school bands, malkhamb, pyramids - all displayed great presentation, precision, and technique.

- Shelton, BBPS Simhadri



I am truly impressed by how the events, facilities and the large number of students were managed so well. The staff was really hospitable and attentive.

- Dr Abhinav, BBPS Gadarwara



There was much to learn for us, such as team spirit, mutual cooperation and sportsmanship. The evening activities made our stay even more wonderful.

- Vani Bansal, BBPS Darlipali



The teachers were extremely caring and helpful. My spectacles broke and the teachers were quick to get them fixed. The dances in the evening were a great way to unwind. Overall, this has been an enriching experience with many new lessons.

- Sushmita, BBPS Kudgi



Excellent arrangement for the students and coaches. I have participated in several sporting events, but the facilities at BBPS Pitampura were of international standard. The sports drill and folk dances at the opening ceremony were a delight to watch.

- Amrinder, BBPS Ludhiana



I feel proud to be part of such an institution where sports and co-curricular activities are given equal importance vis-à-vis studies.

- Parnika, BBPS Pitampura



Celebrating the champions

Badminton Boys

1. BBPS Pitampura
2. BBPS Noida
3. BBPS Ludhiana

Badminton Girls

1. BBPS Noida
2. BBPS Sipat
3. BBPS Manesar

Basketball Boys

1. BBPS Ganga Ram
2. BBPS Pitampura
3. BBPS Dwarka

Basketball Girls

1. BBPS Pitampura
2. BBPS Ganga Ram
3. BBPS Dwarka

Tennis Boys

1. Ahiwan Deshwal, BBPS Pitampura
2. Lakshay Drall, BBPS Rohini
3. Aryaman Singh Chowhan, BBPS Noida

Tennis Girls

1. Ishi Maheshwari, BBPS Noida
2. Nitya Gupta, BBPS Pitampura
3. Eshanya Khattar, BBPS Dwarka

Volleyball Boys

1. BBPS Ganga Ram
2. BBPS Navi Mumbai
3. BBPS Rohini

Volleyball Girls

1. BBPS Pitampura
2. BBPS Navi Mumbai
3. BBPS Ganga Ram

Table Tennis Boys

1. BBPS Noida
2. BBPS Pitampura
3. BBPS Manesar

Table Tennis Girls

1. BBPS Manesar
2. BBPS Noida
3. BBPS Rohini

Chess Boys

1. BBPS Pitampura
2. BBPS Manesar
3. BBPS Noida

Chess Girls

1. BBPS Pitampura
2. BBPS Rohini
3. BBPS Ganga Ram

100 metres Boys

1. Aarush Sharma, BBPS Ganga Ram
2. Aman Pal, BBPS Nishatpura
3. Yojit Lohan, BBPS Pitampura

100 metres Girls

1. Mouli Kalra, BBPS Pitampura
2. Pritika Shetty, BBPS Navi Mumbai
3. Mehak, BBPS Pitampura

200 metres Boys

1. Anat Patel, BBPS Nishatpura
2. Yojit Lohan, BBPS Pitampura
3. Arjun Bhardwaj, BBPS Rohini

200 metres Girls

1. Mouli Kalra, BBPS Pitampura
2. Nithila Mari Muthu, BBPS Navi Mumbai
3. Kavya Shokeen, BBPS Rohini

400 metres Boys

1. Anant Patel, BBPS Nishatpura
2. Yojit Lohan, BBPS Pitampura
3. Arjun Bhardwaj, BBPS Rohini

400 metres Girls

1. Basa Sandhya Ranni, BBPS Simhadri
2. Nithila Mari Muthu, BBPS Navi Mumbai
3. Sanaa Dhawan, BBPS Pitampura

800 metres Boys

1. Hitesh, BBPS Jharli
2. Dev Jyoti, BBPS Noida
3. Parth Kharbanda, BBPS Brij Vihar

800 metres Girls

1. Basa Sandhya Ranni, BBPS Simhadri
2. Jiya, BBPS Jharli
3. Sanika Khadke, BBPS Navi Mumbai

1500 metres Boys

1. Hitesh, BBPS Jharli
2. Shiv Raghuvanshi, BBPS Nishatpura
3. Yuvraj Singh Rajput, BBPS Sipat

1500 metres Girls

1. Basa Sandhya Ranni, BBPS Simhadri
2. Jiya, BBPS Jharli
3. Prachi, BBPS Jharli

4x100 metres Relay Boys

1. BBPS Pitampura
2. BBPS Navi Mumbai
3. BBPS Rohini

4x100 metres Relay Girls

1. BBPS Pitampura
2. BBPS Navi Mumbai
3. BBPS Simhadri

High Jump Boys

1. Aarush Sharma, BBPS Ganga Ram
2. Jodhiqbal Singh, BBPS Ludhiana
3. Madhav Sharma, BBPS Brij Vihar

High Jump Girls

1. Nithila Mari Muthu, BBPS Navi Mumbai
2. Mehak, BBPS Pitampura
3. Aena, BBPS Manesar

Overall Champions



Long Jump Boys

1. Arjun Bhardwaj, BBPS Rohini
2. Yuvraj Singh Rajput, BBPS Sipat
3. Raghav Vanshikar, BBPS Sipat

Long Jump Girls

1. Mehak, BBPS Pitampura
2. Dipika Mondal, BBPS Simhadri
3. Tanushka Yadav, BBPS Manesar

Triple Jump Boys

1. Vedanshi Sethi, BBPS Ganga Ram
2. Aarush Sharma, BBPS Ganga Ram
3. Aman, BBPS Manesar

Triple Jump Girls

1. M Vedpriya, BBPS Simhadri
2. Nupur Rajput, BBPS Dwarka
3. Samruddhi Mansuke, BBPS Navi Mumbai

Shotput Boys

1. Ashwin Alekar, BBPS Sipat
2. Chetan Kumar, BBPS Simhadri
3. Anuj Vanshikar, BBPS Pitampura

Shotput Girls

1. Ananya Shrishti Bhot, BBPS Sipat
2. Dipika Mondal, BBPS Simhadri
3. Bhavika Shokeen, BBPS Pitampura

Band

1. BBPS Pitampura
2. BBPS Ganga Ram
3. BBPS Rohini

March Past

1. BBPS Pitampura
2. BBPS Ratnagiri
3. BBPS Ganga Ram

A unique sporting event in the landscape of school education in India

A crucible of achievement and fellowship

Bal Bharati Olympics, the All-India Inter-Unit Sports Meet is a flagship annual event of Bal Bharati Public Schools. Today, we can look back with pride at 14 such sports meets, which were hosted by different units at different points in time. The uniqueness of Bal Bharati Olympics lies not just in the thrill and excitement associated with games and sports, but in its embracing community living. Athletes from BBPS schools pan-India come together, sharing not only their athletic prowess, but also their experiences, fostering a sense of togetherness.

A pioneering pan-Indian initiative

This spectacular event, which sets new benchmarks of sportsmanship and fellowship each year, was the brainchild of our school's great visionaries – Late Mr LR Channa, Late Mr SC Bhattacharya, and this legacy is now being taken forward by our President Mr Nikhil Channa.

The first All-India Inter-Unit Sports Meet was held in the year 2007 at Bal Bharati Public School, Ganga Ram Marg, which has had the privilege of hosting three of these meets. Out of the 14 meets held so far, Bal Bharati Public School, Pitampura, has bagged the title of 'Overall Champions' 12 times, thus setting an exceptional record.



A spectacular celebration, graced by champions

The grandeur of the opening and closing ceremonies underscores the significance of Bal Bharati Olympics with every passing year. These ceremonies showcase the rich tapestry of Indian culture, along with sports drills and displays. Every edition of the Olympics has a unique mascot that symbolises qualities such as strength, focus, agility, and endurance, that each participant aspires to imbibe.

These events have been graced by the presence of renowned sports personalities as chief guests and guests of honour. They have included Arjuna Awardee, Sujeet Maan; IPL star, Parvinder Awana; former captain of the Indian Cricket Team and Arjuna Awardee, Gautam Gambhir; former captain of the Indian Basketball Team, Divya Singh; and Arjuna Awardee in Swimming, Bhanu Sachdeva, among others.





Not just sports, but sportsmanship

In its 16-year-long journey, Bal Bharati Olympics has offered students a platform to nurture and hone champions who bring laurels to the institution by representing India at various national and international sporting events. It has helped our students to face challenges in a focussed and resilient manner, and emerge victorious based on excellence and a winning attitude. All Bal Bharatians, whether participants or spectators, look forward to this annual event, as it turns into an enthusiastic celebration of sporting achievement and camaraderie with peers from across the chain.

The myriad games and sports that feature in Bal Bharati Olympics, the scale of the event, and the world-class sports infrastructure created by the Child Education Society®, make this a one-of-its-kind sporting event conceived and organised by any educational institution across the country.

Fostering a new generation of athletes and leaders

With such initiatives, the Child Education Society® (CES) continues to shape young learners into well-rounded individuals, instilling values of sportsmanship and teamwork. This consistent focus on sports mirrors the schools' dedication to holistic education, fostering a new generation of athletes and leaders. The event's success is a testament to students' dedication, support of coaches, and fostering of sportsmanship by the CES. Truly, Bal Bharati Olympics has achieved unprecedented success in raising the bar of sport standards from its inception till date.

(With inputs from BBPS Ganga Ram, BBPS Pitampura, BBPS Rohini, and BBPS Brij Vihar)





Sports - an integral part of holistic education

Contributing to character building and nation building

From its inception, the Child Education Society® has advocated the importance of sports in a learner's life. At Bal Bharati, we follow a 360° approach to child development, with a balanced emphasis on academic outcomes and cocurricular activities, sports and values orientation. In addition to helping become fit, sports contribute in developing a child's personality, in inculcating self-discipline, and in grooming him or her to be a better citizen and a good human being.

In a novel approach, the CES has established the Sports Council which manages sports in all its schools. All Bal Bharati Public Schools have instituted integrated and well-developed sports programmes, supported with state-of-the-art infrastructure and the expertise of NIS-trained coaches. Specialised training is given to students for various games and sports like Chess, Badminton, Table Tennis, Basketball, Cricket, Judo, Skating, Lawn Tennis, Athletics, among others. The school encourages participation in various international, national and state-level sporting tournaments, and is proud of the impressive achievements of its student athletes.

Let us hear from some of the schools themselves about how they view the role of sports, and the initiatives they have taken in making sports an important part of a student's life at Bal Bharati.



➤ **BBPS ANUPPUR:** To ensure the holistic development of the students through sports, our school has come up with engaging ways. One such initiative is the bag-less activity day, when sports activities are organised and it is ensured that every student participates in them.

➤ **BBPS BRIJ VIHAR:** In a technology-driven era, where children are moving away from the physical world to the virtual world, sports not only help in improving physical health, but also in the cognitive, social and mental development of the students. Playing a sport encourages our children to work as a team, making them confident individuals with excellent communication skills, giving them an edge over their peers, and helping them become empowered citizens of the world.

➤ **BBPS DARLIPALI:** We encourage our students to participate in inter-school and district-level competitions to showcase their skills and talents, and even explore future career pathways, as they move to higher levels. We firmly believe that sports education is as important as academic education. Therefore, we strive to provide our students with a well-rounded education that prepares them for success in all aspects of life.

➤ **BBPS JHANOR:** Guided by the philosophy of holistic development, BBPS Jhanor has invested in extensive sports infrastructure, and achievement in the field of sports is considered no less than academic success at our institution. Our students are encouraged to participate in a wide range of sports such as Cricket, Football, Basketball, Volleyball, Badminton, Throwball etc. At the same time, the school also recognises the importance of indigenous games such as Gutte/ Five Stones, Lattoo, Kancha, Gilli Danda, Satoliya etc.





➤ **BBPS KHARGONE:** We put our students through an integrated fitness session, where in addition to physical fitness for growth and strength, soft skills such as teamwork, fair play and respect for coaches and opponents is also put to test, in the zero period daily. Students are given customised coaching, based on their preference and aptitude. Due to such personalised efforts, our students have excelled at competitive sports.

➤ **BBPS KUDGI:** We use sports to weave together diverse skills like physical prowess, strategic thinking, and teamwork. In our recent summer camp, activities like Badminton, Chess, and Athletics were organised to cultivate these skills, whereas at the IHA Football tournament, we witnessed players' athletic abilities and camaraderie. We organise unique events that promote agility and coordination, like Needle Race, Pass the Ball, and Balance the Book. These experiences teach invaluable life lessons – resilience in defeat, humility in victory, and the importance of collaboration.

➤ **BBPS PITAMPURA:** The school has extensive and best-in-class sports infrastructure, with well-maintained courts including astro-turf tennis courts, synthetic-turf basketball court, cricket and hockey fields, and trained coaches for 18 sports. It also houses a covered swimming pool, separate playground with multi-gym for Preschoolers and Pre Primary children. Yoga and gymnastics are also an integral part of our school curriculum. Under the expert guidance of our professionally qualified and experienced trainers and coaches, students have brought laurels to the school at both national and international levels.



➤ **BBPS ROHINI:** At our school, sports are organically woven into the curriculum to groom well-rounded individuals who excel not only in academics but also in life. The state-of-the-art sports facilities, dedicated faculty, and expert coaches ensure that every child attains the Minimum Fitness Standards as approved by the Sports Council, CES. Swimming is compulsory till Class V, along with yoga and PT. Thereafter, every child is encouraged to take one major and one minor sport of his or her choice. Participation in interschool, zonal, national and international events is encouraged, recognised, and awarded.





Bal Bharati
PUBLIC SCHOOL

To share feedback or contributions for the next issue, please email:

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