



Happy Holidays Children!!!

Here are few suggestions to be followed during Summer Holidays

#### @ Dos:

Read Regularly: Set aside time each day for reading. It could be books, articles, or any material of interest.

Stay Active: Engage in physical activities like sports, swimming, or simply going for walks to stay healthy and energized.

Explore New Interests: Use the free time to try out new hobbies or activities you've been curious about, whether it's painting, cooking, coding, or gardening.

Travel and Explore: If possible, travel to new places, whether it's nearby parks, museums, or further destinations. Explore and learn about different cultures and environments.

Volunteer: Dedicate some time to volunteering for community service projects or helping those in need. It's a great way to give back and gain valuable experiences.

Learn Something New: Take up a summer course or workshop to learn a new skill or subject that interests you, whether it's a language, music, or a craft.

Spend Time with Family and Friends: Use the summer break to strengthen bonds with family and friends. Organize gatherings, outings, or simply spend quality time together.

Plan for the Future: Use this time to set goals and plan for the upcoming academic year or future endeavors.

Stay Hydrated and Healthy: With the warmer weather, it's essential to drink plenty of water and eat nutritious foods to stay healthy and hydrated.

Relax and Recharge: Don't forget to relax and enjoy downtime. Summer break is a time to recharge your batteries and come back refreshed for the next academic year.



















#### Don'ts

Overload with Work: Advise against overloading yourself with too many commitments or activities that may lead to burnout.

Neglect Academics Completely: While it's important to relax and unwind, advise against completely neglecting academics. Encourage occasional mental exercises to keep the mind sharp.

**Isolate Yourself:** Discourage isolating yourself from social interactions. Encourage maintaining connections with peers and loved ones.

Spend Excessive Time on Screens: Advise against spending excessive time on screens, including smartphones, tablets, computers, and television. Encourage moderation and balance.

Procrastinate: Advise against procrastinating on tasks or activities you've planned to do during the summer. Encourage setting goals and sticking to a schedule.

Ignore Health and Safety: Remind yourself to prioritize your health and safety by staying hydrated, wearing sunscreen, and following safety guidelines during outdoor activities. Rely Solely on Technology: While technology can be a valuable tool for learning and entertainment, advise against relying solely on it for all activities. Encourage a balance between technology use and other activities.





#### Dear Students,

- Summer vacations are here once more to enjoy and have fun along with a little study work.
- Remember to converse in English at home as much as possible with all your friends and relatives.
- English Literature & Language-ReviseforthePT1asperthesyllabusgiven.
- **English Portfolio** to be completed as shown & discussed in class.
- RollNo1-4-Write a Haiku poem on any topic related to Nature write them down creatively designed on A4 size- coloured papers with borders.
  - RollNo5-9- Design a comic strip on any one chapter from the main textbook or supplementary book of English.
  - RollNo10-14-Create Limericks and write them down creatively designed on A4 size-coloured papers with borders.
  - RollNo15-17-Represent any lesson from the supplementary reader through colourful concept
    map on half a chart paper.









- म्ंशी प्रेम चंद को कथा समाट और उपन्यास समाट क्यों कहा जाता है ?
- कंबीर के दोहे पाठ के आधार पर अपना अन्भव का वर्णन करते हुए किसी दोहे माध्यम से स्पष्ट कीजिए।
- आपके घर के पास हरिहर काका की तरह एक बेसहारा व्यक्ति रहेता है। आप उसकी क्या सहायता करेंगें।
- अपने शहर या राज्य के संस्कृति , भाषा , मुख्य भोजन , प्राचीन इतिहास , स्थान का सचित्र वर्णन कीजिए। (
  A4 साईज पेपर का प्रयोग करें )

#### अपनी कोई स्वरचित कविता तैयार कीजिए I ( A4 साईज पेपर का प्रयोग करें )

- किसी हिंदी समाचार पत्र के संपादकीय पेज से पाँच अपठित गद्यांश तैयार कीजिए।
- निम्न पर अनुच्छेद लिखो। वसुदेव कुटुम्बकं मेरा देश बदल रहा है एक देश एक चुनाव भारत विश्व गुरु के लिए अग्रसर परियोजना कार्य

कबीर के जीवन परिचय लिखते हुए तस्वीर को सांकेतिक चित्रित कीजिए I ROLL NO- 10001- 10010 मीरा बाई के जीवन परिचय लिखते हुए तस्वीर को सांकेतिक चित्रित कीजिए I ROLL NO. 10011- 10017



Maths

	NAME OF THE BOOK	CHAPTER & CONTENT TO BE REVISED FOR PT-1.
	NCERT BOOK	CHAPTER-1 REAL NUMBERS
		CHAPTER-2 POLYNOMIALS
		CHAPTER -3 PAIR OF LINEAR EQUATIONS IN TWO VARIABLES
		CHAPTER-4 QUADRATIC EQUATION
8		CHAPTER-5ARITHMETIC PROGRESSIONS
	PORTFOLIO	Portfolio to be prepared as per discussion in the class.
	PROJECT WORK	1. For Roll numbers 1-4)
		Prepare a working model of real numbers.
A		2. (For Roll numbers 5-9)
其		Prepare a working model of quadratic equations.
		3. (For Roll numbers 10-13)
		Prepare a working model of Arithmetic progression.
		4. (For Roll numbers 14-17)
		Prepare a working model of polynomials.

NAME OF THE BOOK	LESSONS & CONTENT TO BE COVERED
NCERT	CHAPTER-1 CHEMICAL REACTIONS AND EQUATIONS CHAPTER-2 ACIDS BASES AND SALTS CHAPTER-5 LIFE PROCESSES CHAPTER-9 LIGHT REFLECTION AND REFRACTION
CONCEPTS	1.Draw concept map of chapter1,2,5 and 9 on A4 sheet.
LEARNING	Q1. Write symbols of elements and their name in given your
	textbook (ch.1and learn them ) Q2. Write the name of compounds and their name in given your text book .(chapter- 1 And 2)
WORKSHEETS	Solve one practice worksheet per day only.

00101100				
NAME OF THE BOOK Extended Learning-	LESSONS & CONTENT TO BE COVERED CHAPTER-1			
Activities and Project	1.Preapare a model to Demonstrate			
	a. Human Digestive system.(Roll no1,3,5)	PHAGUS  LIVER  ADDER  SMALL  INTESTI  LARGE  INTESTI  ANUS		
	b.Human Respiratory system.(Roll no 2,4,6)			

OCICIO		
NAME OF THE BOOK	LESSONS & CONTENT TO BE COVERED	
	C. Human Circulatory system(Roll no 7,9,11)  HUMAN HEART  CONTROLLED TO THE PROPERTY OF THE PR	
	d.Human Excretory System(Roll no 8,10,12)	

	00101100
NAME OF THE BOOK	LESSONS & CONTENT TO BE COVERED  e. kelidoscope OR Periscope (Roll no 13,15,17)
	PERISCOPE
	f. Photosynthesis(Roll no 14,16)  ONUGEN  ONUG

### SOCIAL SCIENCE

Make a project work on Sustainable Development and completed the portfolio.

Write Ch-1- (Geo)- Resources and Development Notes and exercise

Ch-1-(Pol.Sci)- Power Sharing Notes and Exercise

Ch-1-(Eco)- Development

Ch-1-(Hist)- The Rise of Nationalism in Europe Notes and Exercise

Make an Art Integrated project on the topic state Assam. Mark and label the following:-

- a) Dress
- b) Art
- c) Monuments
- d) Dance
- e) Music
- f) Food
- g) People















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